

Gateshead's great outdoors

Get on your bike

Make the most of the sunshine this summer and take a cycling tour of Gateshead's Great Outdoors.

You can pick up the famous Sea-to-Sea route just west of Gibside and pass through the woodlands and meadows of the peaceful Derwent Valley, or follow the river Tyne along the Keelman's Way.

For an adrenaline filled ride you'll find a red graded mountain bike trail in Chopwell Wood and also a network of easier trails.

Find out more at gatesheadsgreatoutdoors.com



